

# Driving enhanced value and efficiency in the healthcare delivery chain

**Geraldine Bartlett** *18 July 2017* 



# **Escalating Costs**













# Medical scheme contribution increases far exceed CPI





# System

Inefficiencies in the current system

Flawed FFS payment system
Fragmentation
Inefficient use of resources
Regulatory concerns
Fraud, waste and abuse



## Are we getting VALUE?





# What about VALUE?

Value = Health outcomes

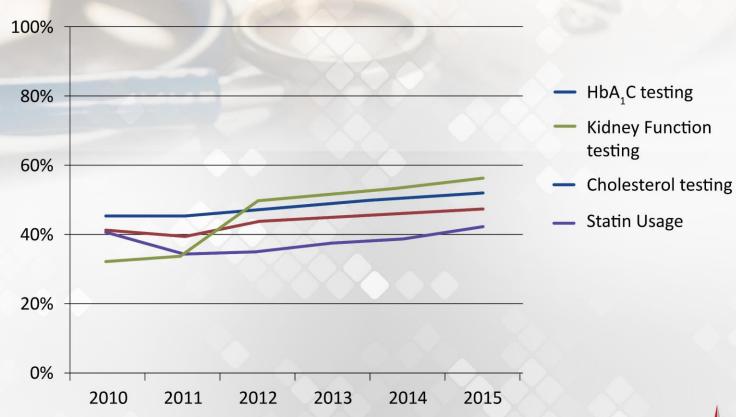
Cost

Quality + Access + Patient experience

Cost



### **Diabetes**







# TODAY'S REALITY

A MARKET THAT ISN'T WORKING







### Harvard Business Review



#### THE BIG IDEA

The Strategy That Will Fix Health Care

Providers must lead the way in making value the overarching goal by Michael E. Porter and Thomas H. Lee





## FFS Concerns

Rewards high volume

No incentive to contain costs

Perpetuates inefficiencies

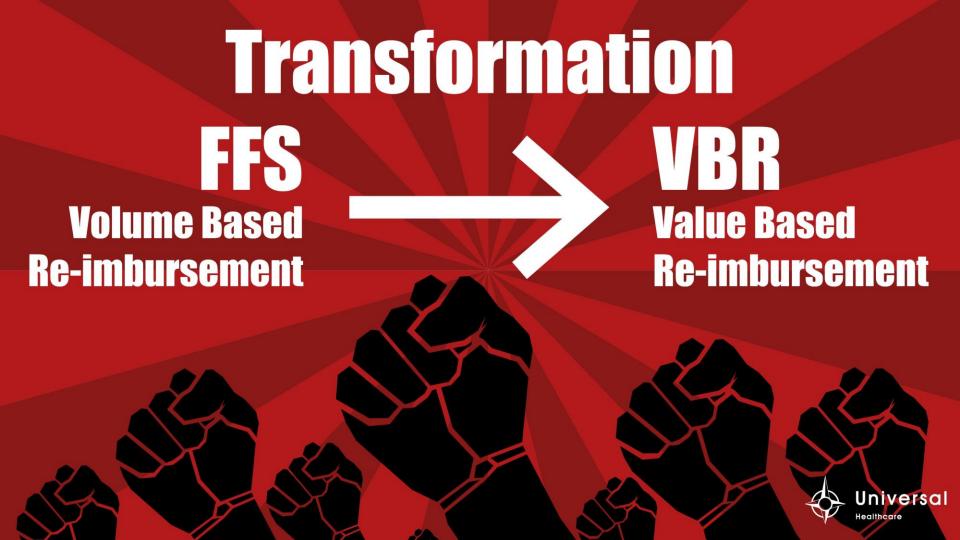
No accountability for patient outcomes or quality of care

Rewards poor outcomes

FFS rewards doing rather than achieving







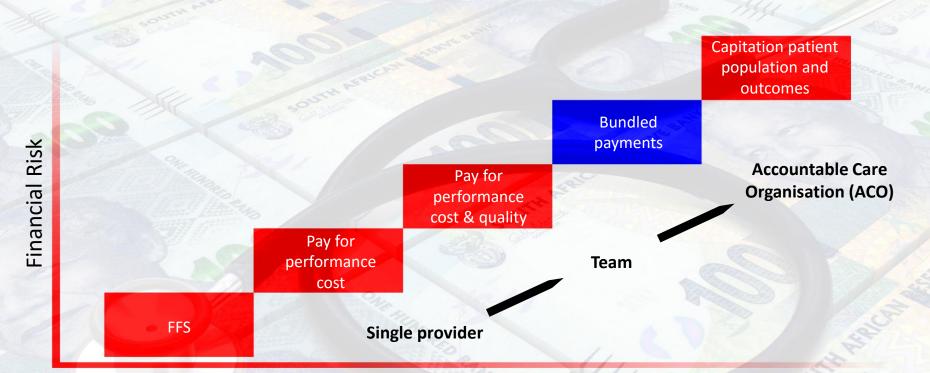
Value-based healthcare is a form of re-imbursement that ties **payment** for care delivery to the **quality** of care provided and rewards providers for both **efficiency** and **effectiveness**.







### Moving to VBR



Degree of integration & accountability



# "Bundled payments are the only true value-based payment model for health care."



How to Pay for Healthcare by Michael E. Porter & Robert S. Kaplan Harvard Business Review July-Aug 2016





## **Advantages**

- Accountability
- Drives multidisciplinary care
- Directly rewards good outcomes
- Strong incentives to improve efficiency
  - Creates competition
- Stimulates areas / centres of excellence







## Where to start

#### **Provider payment models**

- Performance-based reimbursements
- Bundled payments
- ACO's

#### **Appropriate levels of care**

- GP vs specialist
- Day clinics vs hospitals
- Home-based care
- Pharmacy clinics

#### **Legislation reform**

- PMB's at cost
- HPCSA
- Medicines Act
- Etc.



#### Care Co-ordination

- Nominated GP
- Specialist referrals
- Disease management
- EMR and EHR
- Employer involvement

## Health-economic evaluation of high cost technologies

- Medicines
- Procedures
- Pathology
- Radiology



## **Bundled payments**

Cost savings 10 – 30%

Reduction in complications and re-admissions

Ref: How to pay for Health Care HBR by Michael E. Porter and Robert J. Kaplan



## Coordinated care

Cost savings
23 - 36%

Quality improvements 10 - 47%

Reduction in hospital admissions for specific conditions +/- 60%

Ref: Universal Care





Procedure	Hospital	Day clinic	Doctors rooms
Colonoscopy	1.00	0.78	0.16
Gastroscopy	1.00	0.76	0.13
Circumcision	1.00	0.82	0.15

Ref: Universal Care







## A glimpse of the future The Sustainable Model circa 2020 - 2025

This evolution driven by technology, virtualisation and globalization is currently achieving incremental improvement. These forces will accelerate, dis-intermediating and delocalising large portions of the industry

#### Incremental: Integrated and **Coordinated Care COST RATIO** 1. Care is delivered through integrated models and teams 2. Outcome based reimbursements 3. Primary care delivered through retail clinics in combination **Radical Transformation: Current State: Fragmented** with care teams 4. More risk shifts to providers with outcomes-based Virtualised, Delocalised, and and Disaggregated reimbursement **Personalised Care** 1. Care is delivered by multiple players operating in silos 2 1. Care is delivered through integrated models 2. FFS, Volume based reimbursements leveraging tele-presence and mobility tools 3. Primary care delivered through Physicians / 2. Outcome based reimbursements VALUE specialists 3. Dominance of convenient care delivered at 4. Payers are a major force home, in retail settings, over the internet 4. Risk shifts to individuals, government and ACOs Source: Cognizant, 2017

Universal Healthcare Technologies To Track Health Statisitics

#### Technologies To Track Emotional State

# THE EMERGENCE OF DIGITAL HEALTHCARE

Through new technologies, a comprehensive patient view can be compiled. Powered by over 400 technologies and 9 000 apps.



Technologies To Track Social Environment

Technologies To Track Behaviour









**Highly Engaged, Empowered** 



Convenient and 24/7

#### A DRAMATIC SHIFT TO PATIENT-CENTRIC CARE DELIVERY

Changing Industry Landscape



Isolated Individual

**Socially Connected** 

**Health and Well-Being** 







**Care Team Managed** 



**Virtually Mobile, Anytime** 



"Patient outcomes are taking over from products and services as the focus of healthcare.

This demands the convergence of data from every part of the healthcare system."





"Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for."

**Barack Obama** 

